

Professional Development Connection

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Education opportunities and resources for
early care and education professionals

State Diversity: The Next Hot Early Childhood Issue In Iowa

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The growing diversity in Iowa is pushing the early childhood field to take seriously how responsive its field is to the unique needs of diverse communities in the state. The demographic facts clearly place diversity on the front burner of issues early childhood in Iowa must address. Iowa, traditionally a state with few minorities, is growing in its diversity and children are leading the way. Populations of color in the state make up 15.1 percent of all 0 to 4-year-olds, but only 2.9 percent of those over the age of 65. Iowa's child population is projected to grow by 88,630 over the next two decades and 84 percent will come from non-white populations and 72% just from Latino families. This last statistic reflects the expectation that Iowa's increasing diversity is due substantially to the increase of young Latino families moving into the state. Indeed, were it not for this in-migration Iowa's population would have decreased over the past 10 years.

To understand the impact of this growing diversity on the field of early childhood one needs only look at the expectation that high quality experiences for young children is what makes children ready for school at age five or six. The early brain development research points to the significance of early experiences as a primary influence on growth trajectories for young children. The landmark longitudinal studies looking at the effects of positive preschool interventions show consistent long-term academic success and a significant decrease in special education referrals and participation in the judicial system. When one examines these issues through the lens of multiculturalism a disturbing pattern of disproportional results emerge when comparing dominant culture children to children of color.

A study of the Early Childhood Longitudinal Study, Kindergarten Cohort, authors Valerie Lee and David Burkam found that, on average, children from wealthy households scored 60 percent above children from poorer households on cognitive scores. They also found that blacks were 21 percent lower and Hispanics 19 percent lower than white children. Other studies show that many children lagging behind their peers in high school were also lagging behind in first grade.

"Up to half of the gap in achievement scores in school can be attributed to gaps already evident at the time of school entry," concluded editors Cecilia Rouse, Jeanne Brooks-Gunn and Sara McClanahan in their report *School Readiness, Closing Racial and Ethnic Gaps*. Such conclusion has led some policymakers to conclude that early childhood is part of the solution to address glaring and consistent achievement gaps in Iowa schools.

Charles Bruner, of Iowa's Child and Family Policy Center, writes, "Closing the kindergarten readiness gap is essential not only for addressing education and achievement gaps but for addressing interconnected health gaps, social and economic gaps, and justice system gaps."

The Early Childhood System Working Group has argued that

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CCR&R Child Care Home Information Workshop

If you are thinking about providing child care in your home (or if you're already providing it), now is the time to attend a FREE Child Care Information Workshop. We'll discuss such things as the option of state registration, the federal food program, training opportunities, and more! Come for prizes, great information and training credit! This workshop is for home child care providers or those individuals thinking about starting a child care business at home. Attendance at the CCR&R Information Workshop series is required for all HOME providers NEW to the CCR&R system of services. HOME providers must complete the series before attending other training.

- Adel:** Tuesday, October 2 • 7:00-8:30p • CCR&R of Dallas County, 28059 Fairground Rd.
- Ames:** Wednesday, September 10 OR October 1 • 7:00-9:00p • Center for Child Care Resources, 100 University Village
- Boone:** Information Workshops are conducted on a one-on-one basis. Call 515-432-6034 to schedule an appointment.
- Des Moines:** Thursday, September 11 • 6:30-8:30p • OR Friday, October 3 • 9:00-11:00a • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • An optional help session will be set up the week after the Workshop. Details about the help session will be determined in class with class participants.
- Hardin County:** Information Workshops are conducted on a one-on-one basis. Call 641-648-4201 to schedule an appointment.
- Marshalltown:** Wednesday, September 10 • 10:30a-12:00p OR Tuesday, October 21 • 7:00-8:30p • Mid Iowa Community Action, 1001 S 18th Ave.
- Newton:** Monday, September 29 OR October 27 • 6:00-8:00p • Jasper County ISU Extension, 550 N 2nd Ave. W
- Perry:** Monday, November 3 • 6:30-8:00p • Perry Public Library, 2nd and Willis
- Warren/Madison:** Information meetings are conducted on a one-on-one basis. Call 515-961-5067 to schedule an appointment.
- Waukee:** Monday, September 8 • 7:00-8:30p • Waukee Public Library, 950 Warrior Lane

ChildNet Training Series for Home Providers

- Providers must attend a Child Care Information Workshop prior to the training series.
- Providers must register for an entire series.

Module	Title	Adel Mondays Inst: Prunty	Boone Tuesdays Inst: Morken	Des Moines I Saturdays Inst: Tapscott	Des Moines II Thursdays Inst: Bormann	Des Moines III Wednesdays Inst: McKenzie	Iowa Falls Sat. & Thurs. Inst: McGrath	Marshalltown Tuesdays Inst: Smith	Newton Tuesdays Inst: Brassfield
1	A More Professional You	Sept. 29	Sept. 23	Sept. 20	Oct. 9	Nov. 12	Sept. 6	Oct. 7	Sept. 16
2	Creative Learning Spaces	Oct. 6	Sept. 30	Sept. 27	Oct. 16	Nov. 19	Sept. 6	Oct. 21	Sept. 23
3	The Growing Child	Oct. 13	Oct. 7	Oct. 4	Oct. 23	Dec. 3	Sept. 20	Oct. 28	Sept. 30
4	Activities for Early Learning	Oct. 20	Oct. 14	Oct. 18	Nov. 13	Dec. 10	Sept. 13	Nov. 18	Oct. 7
5	Keeping the Peace	Oct. 27	Oct. 21	Nov. 1	Nov. 20	Dec. 17	Sept. 13	Dec. 2	Oct. 14
6	It's Your Business	Nov. 3	Oct. 28	Nov. 8	Dec. 4	Jan. 7	Sept. 18	Dec. 16	Oct. 21
7	Reducing the Health Risks	Nov. 10	Nov. 4	Nov. 15	Dec. 11	Jan. 14	Sept. 11	Jan. 6	Oct. 28
8	What's Cooking?	Nov. 17	Nov. 11	Nov. 22	Dec. 18	Jan. 21	Oct. 4	Jan. 20	Nov. 4
9	We All Belong	Nov. 24	Nov. 18	Dec. 6	Jan. 8	Jan. 28	Sept. 20	Feb. 3	Nov. 11
10	Invest in Yourself	Dec. 1	Nov. 25	Dec. 13	Jan. 15	Feb. 4	Oct. 4	Feb. 17	Nov. 18

- Adel:** 6:30-9:00p • CCR&R of Dallas County, 28059 Fairground Rd. • \$10 fee • Instructor: ChildNet Certified Provider Sharon Prunty
- Boone:** 6:3-9:00p • Family Empowerment Center, 724 8th St. • \$10 fee • Instructor: Stacie Morken
- Des Moines I:** 8:30-11:00a • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$10 fee • Instructors: Matt & Denise Tapscott
- Des Moines II:** 6:30-9:00p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Avenue • \$10 fee • Instructor: Early Childhood Educator Tammy Bormann
- Des Moines III:** 6:30-9:00p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$10 fee • Instructor: Early Childhood Educator Katie McKenzie
- Iowa Falls:** 8:30-1:30p (Saturdays) 6:30-9:00p (Thursdays) • Center for Child Care Resources, 503 1/2 Washington Ave. • \$10 fee • Instructor: Tara McGrath, ChildNet Instructor
- Marshalltown:** 6:30-9:00p • Mid Iowa Community Action, 1001 S 18th Ave • \$5 fee • Instructor: Kimala Smith, ChildNet trainer
- Newton:** 6:30-9:00p • Newton DMACC, 600 N 2nd Ave W • Instructor: Professional Child Care Provider, Deb Brassfield

FCCERS-R: Family Child Care Environment Rating Scale Training

This series is intended for child development home / family child care home owners and operators. FCCERS is an 8-hour series. Attendance at this full series is required for ISU Extension Training Credit. Plan to register for and attend one complete series in order to receive QRS rating points. CCR&R will give certificates for attendance at each class, however to receive ISU Extension Training Credit you must attend one full series. Plan to attend one full series in order to receive ISUE/QRS credit. No make up sessions will be offered for missed classes in a series. If you miss a class, you will be required to enroll in and complete another full (4 session) series.

	<i>Ames</i> Mondays	<i>Des Moines</i> Mondays
Session 1: Beginning with FCCERS	Nov. 3	Sept. 8
Session 2: Speaking the language of FCCERS-R	Nov. 10	Sept. 15
Session 3: Practice with a purpose	Nov. 17	Sept. 22
Session 4: Making FCCERS-R Work for me	Nov. 24	Sept. 29

Ames: 6:30-8:30p • Mary Greeley Medical Center, 1111 Duff Avenue, Conference Room C • Instructor: Sharon Mays

Des Moines: 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Avenue • Instructor: Family Life Field Specialist, ISU Extension Sharon Mays

ECERS: Early Childhood Environment Rating Scale for Preschool Classrooms

This series is intended for administrators (directors & assistant directors) of preschool programs and preschool age classrooms in child care center settings. In this 4-part series teachers and administrators working with preschool age children will learn about the ECERS - and how to use it for self-assessment. The ECERS identifies quality in child care settings serving 3 to 5 year old children. Participants will evaluate their own program and begin to create an action plan to make quality changes in the child care environment. Plan to attend one full series in order to receive ISUE/QRS credit. No make up sessions will be offered for missed classes in a series. If you miss a class, you will be required to enroll in and complete another full (4 session) series.

	<i>Adel</i> Thursdays
Session 1: Beginning with ECERS-R	Oct. 2
Session 2: Speaking the language of ECCERS-R	Oct. 9
Session 3: Practice with a purpose	Oct. 16
Session 4: Making ECCERS-R Work for me	Oct. 23

Adel: 6:30-8:30 • CCR&R of Dallas County, 28059 Fairground Rd. • \$10 fee • Instructor: ISU Extension Families Field Specialist Sharon Mays

ITERS-R: Infant/Toddler Environment Rating Scale Self Study Training Series

This workshop is intended for child care center administrators (directors & assistant directors) who own, run or work in a child care center setting serving infants and toddlers. This 8-hour training series will cover the use of the ITERS-R, infant and toddler environmental rating scale system for child care center settings. Registration for and attendance at the entire series is required. Plan to attend one full series in order to receive ISUE/QRS credit. No make up sessions will be offered for missed classes in a series. If you miss a class, you will be required to enroll in and complete another full (4 session) series. There is no fee. This series is NAC approved for 8 hours of training.

	<i>Ames</i> Tuesdays
Session 1	Oct. 7
Session 2	Oct. 14
Session 3	Oct. 21
Session 4	Oct. 28

Ames: 6:30-8:30p • Center for Child Care Resources, 100 University Village • Instructor: Cheryl Clark, ISU Extension Family Life Specialist

Welcome to Child Care

Attend the Welcome to Child Care series and receive 10 contact hours of training credit to meet licensing requirements. Learn about professionalism, confidentiality, communication, classroom management, health and safety practices, child development, activities, guidance and more.

*Dallas Co.
Wednesdays*

Becoming an ECE Professional	Oct. 15
Welcome to Your Classroom	Oct. 22
A Safe Place for Children	Oct. 29
Reducing Health Risks	Nov. 5
Understanding & Guiding Children	Nov. 12

Dallas Co.: 6:30-8:30p • Location: To be announced • \$5 fee • Instructor: CCR&R Early Childhood Educator, Angie Price

PITC Module One: Social-Emotional Growth and Socialization

All children need safe and secure care that supports their developing self-knowledge, self-control, self-esteem and respect for the feelings and rights of others. Healthy social-emotional development is the foundation for all other learning and is built through nurturing relationships with important adults in their lives.

*Des Moines
Mondays* *Winterset
Tues & Thurs*

Getting In Tune	Oct. 13	Sept. 9
Temperaments	Oct. 20	Sept. 11
Social-Emotional Milestones	Oct. 27	Sept. 16
Understanding Children's Behavior	Nov. 3	Sept. 18
Guidance & Discipline	Nov. 10	Sept. 23

Des Moines: 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Avenue • \$5 fee • Instructor: Early Childhood Educator Rafaela Vidal

Winterset: 7:00-9:00p • Merchant State Bank, 101 West Jefferson • Instructor: Sara Deppe

PITC Module Two: Group Care

This module looks at group care in centers and in homes. To ensure that young children become healthy, emotionally secure individuals, it is critical to establish intimate relationships between infants and significant others in their lives. This module looks at the development of those relationships through the concepts of intimacy in groups, routines of care and the importance of the environment where care takes place.

*Des Moines
Mondays* *Winterset
Tues & Thurs*

Routine as Curriculum	Nov. 17	Sept. 25
Primary Care/Continuity of Care	Nov. 24	Sept. 30
Environments I	Dec. 1	Oct. 2
Environments II	Dec. 8	Oct. 7
Respectful Care	Dec. 15	Oct. 9

Des Moines: 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Early Childhood Educator Rafaela Vidal

Winterset: 7:00-9:00p • Merchant State Bank, 101 West Jefferson • Instructor: Sara Deppe

Earn \$250 by completing all sessions of PITC Modules I-IV and a minimum of three hours in at least two on-site consultation visits with an Infant Toddler Specialist. For more information call Jennifer Schreck at 515-246-3558 if you work in a center and Nancy Taylor at 515-246-3507 if you are a home child care provider.

PITC Module Three: Learning & Development

This module focuses on facilitation of infant's natural interests and urges to learn. This is done by providing infants with close and responsive relationships with caregivers; by designing safe, interesting and developmentally appropriate environments, by giving infants uninterrupted time to explore; and by interacting with infants in ways that emotionally and intellectually support their initiations in discovery and learning.

Des Moines / Mondays

Overview of Early Learning	Jan. 5
Discoveries of Infancy	Jan. 12
Brain Development in Infancy	Jan. 26
Special Needs	Feb. 2
Language, Communication and Development	Feb. 9

Des Moines: 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Early Childhood Educator Rafaela Vidal

PITC Module Four: Culture, Family & Providers

An infant is developing a sense of who he is, where he comes from and how he is valued. Family is the most important influence in a child's life. Providers must negotiate with parents, making decisions; respecting values, cultural perspectives, and language, to form a partnership that supports the child.

Des Moines / Mondays

Culture, Family & Provider	Feb. 23
Protective Urges	Mar. 2
Harmonizing Cultural Diversity	Mar. 9
Culturally Sensitive Response	Mar. 16
Responsive Home Visitation	Mar. 23

Des Moines: 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Early Childhood Educator Rafaela Vidal

SAVE the DATE! PITC Graduate Conference

Attention all PITC Graduates! Did you attend the PITC Graduate Conference last year? If you missed it, you missed a lot! Last year's conference was such a success that we decided to make it an annual event. Save Saturday, October 18th as the date and watch the mail for your personal invitation. The conference will be the kick-off for the new **PITC Graduate Network of Central Iowa**. The Conference and Graduate Network will allow you to network with others in your field as well as continue receiving information about the care of Infants and Toddlers. We look forward to seeing you there!

CPR/First Aid

CPR/First Aid training for child care providers must include infant, child and adult care practices. This training is available in Spanish at the American Red Cross in Des Moines. Call 515-246-6304 for more information.

Ames*: American Red Cross CPR • Tuesday, September 9 OR Wednesday, September 24 OR Wednesday, October 22 OR Monday, November 3 • 6:30-9:30p • CCR, 100 University Village • Instructor: Keri Guy (9th), Diana Risse (24th), Amy Coogler (22nd), Missy Sanow (3rd)

Ames*: First Aid • Thursday, September 11 OR October 23 OR November 5 • 6:30-8:30p • Center for Child Care Resources, 100 University Village • Instructors: Keri Guy (11th), Amy Coogler (23rd), Missy Sanow (5th)

Huxley*: CPR • Thursday, November 6 • 6:30-9:30p • Whistle Stop Academy Daycare Center, 103 Campus Dr. • Instructor: Keri Guy

Nevada*: American Red Cross CPR • Monday, October 13 • 6:30-9:30p • Story County Extension Office, 220 H Avenue • Instructor: Amy Coogler

Nevada*: First Aid • Wednesday, October 15 • 6:30-8:30p • Story County Extension Office, 220 H Avenue • Instructor: Amy Coogler

Story City*: American Red Cross CPR • Wednesday, October 22 • 6:30-9:30p • Bertha Bartlett Library, 503 Broad St. • Instructor: Missy Sanow

* Registered providers and licensed center staff in Story County may access the classes listed above. All registrations must be called into the Center for Child Care Resources at 515-294-8833 or 1-800-437-8599. Non-registered providers may contact American Red Cross at 515-232-5104 or utilize other resources within the community.

Dallas County: Dallas County Hospital, Perry, offers a Pediatric First Aid class to meet your training requirement for CPR/First Aid. To register call Sally Swenson, 515-465-7512. Or utilize other resources in the community or see the Des Moines listings.

Des Moines: To meet your training requirement for CPR/First Aid, you may contact one of the following vendors or utilize other resources within the community: American Red Cross: 515-246-6304 • Mercy School of Emergency Medical Services: 515-243-2584 ext. 3 • West Des Moines Emergency Services: 515-222-3652 • Iowa Health - Des Moines Wellness Services: 515-241-5061 • The Human Touch Project: 515-244-2166 or 515-333-6555

Boone: CPR/1st Aid: October 14th. Contact Lou Greco at the Boone County Hospital for registration 515-433-8190.

- Indianola:** American Red Cross CPR/First Aid • Saturday, September 20 OR November 8 • 9:00a-5:00p • Warren County CCR&R, 909 East Second Ave. • \$15 fee for Warren County providers only
- Indianola:** American Red Cross CPR Re-certification • Monday, September 22 OR November 10 • 6:00-10:00p • Warren County CCR&R, 909 East Second Ave. • \$15 fee for Warren County providers only
- Iowa Falls**:** Adult CPR • Tuesday, September 9 • 6:00p • Ellsworth Municipal Hospital • \$25 fee • to register, call Julie Carolus at 641-648-7014
- Iowa Falls**:** Infant/Child CPR • Tuesday, September 16 • 6:00p • Ellsworth Municipal Hospital • \$25 fee • to register, call Julie Carolus at 641-648-7014
- Iowa Falls**:** Pediatric First Aid • Tuesday, September 23 • 6:00p • Ellsworth Municipal Hospital • \$25 fee • to register, call Julie Carolus at 641-648-7014

CPR/First Aid scholarships are available to qualifying Hardin County providers. Call the Hardin County office for more information.

- Marshalltown:** Community CPR review for Day Care Association • Monday, October 6 • 6:30-9:30p • Mid Iowa Community Action, 1001 S 18th Ave. • \$5 fee • Instructor: Allison Vaughn, CCR&R Coordinator • NOTE: this class is only open to members of the Day Care Association.
- Marshalltown:** American Red Cross Adult, Infant & Child CPR & First Aid • Saturday, September 6 OR October 11 • 9:00a-5:00p • Fisher Community Center, 709 S. Center St. • \$45 for CPR, \$30 for First Aid • register by calling the Red Cross office at 641-753-3317 or 1-877-792-3808
- Marshalltown:** CPR Review • Thursday, October 23 • 6:00-9:00p • Fisher Community Center, 709 S. Center St. • \$45 fee • register by calling the Red Cross office at 641-753-3317 or 1-877-792-3808
- Marshalltown:** American Red Cross Adult, Infant & Child CPR & First Aid • Saturday, November 8 • 8:30a-3:30p • Mid Iowa Community Action, 1001 S 18th Ave • \$10 fee
- Newton:** Infant, Child & Adult CPR • Monday, September 15 • 6:30-9:30p • Newton DMACC, 600 N 2nd Ave. W • \$20 fee, payable at the door • American Red Cross Instructor
- Newton:** First Aid • Monday, October 20 • 6:30-8:30p • Newton DMACC, 600 N 2nd Ave. W • \$10 fee, payable at the door • American Red Cross Instructor
- Winterset:** American Red Cross CPR/First Aid • Saturday, October 4 • 9:00a-5:00p • Madison County Extension, 117 N First • \$25 fee for Madison County providers

- Ames:** Tuesday, September 23 • 6:30-7:30p • Mary Greeley Medical Center-Myers Auditorium, 1111 Duff Ave. • \$5 fee • Instructor: Becky Ellis, RN
- Ames:** Thursday, October 23 • 6:30-7:30p • Mary Greeley Medical Center-Myers Auditorium, 1111 Duff Ave. • \$5 fee • Instructor: Becky Ellis, RN
- Boone:** Wednesday, September 3 • 6:30-7:30p • DMACC, 1125 Hancock Dr., Rm 117-118 • \$5 fee • ICN course
- Grimes:** Wednesday, September 3 • 6:30-7:30p • Dallas Center/Grimes High School, 3353 240th St. • \$5 fee • ICN course
- Knoxville:** Wednesday, September 3 • 6:30-7:30p • Knoxville High School, 1811 W Madison • \$5 fee • ICN course (Note: you may also attend the Mandatory Reporter class immediately following this without paying an additional fee)
- Marshalltown:** Wednesday, September 3 • 6:30-7:30p • Iowa Valley Continuing Education, 3702 S Center St. • \$5 fee • ICN course (Note: you may also attend the Mandatory Reporter class immediately following this without paying an additional fee)
- Newton:** Wednesday, September 3 • 6:30-7:30p • Newton DMACC, 600 N 2nd Ave W • \$5 fee, payable at the door • ICN course
- Norwalk:** Wednesday, September 3 • 6:30-7:30p • Norwalk High School, 1201 North Ave. • \$5 fee • ICN course (Note: you may also attend the Mandatory Reporter class immediately following this without paying an additional fee)

Mandatory Child Abuse Reporting

Participants who complete approved training will be certified with the Iowa Department of Human Services for five years. This training is available in Spanish at Child Care Resource and Referral in Des Moines. Call 515-246-3561 for more information.

- Altoona:** Monday, September 8 • 6:30-8:30p • Cross Creek at Church of the Cross Preschool, 1975 8th Street, SW • \$5 fee • Instructor: Kimberly Groves, Iowa Department of Human Services
- Ames:** Wednesday, September 3 • 7:30-9:30p • Scheman Bldg, Room 160, Iowa State Center, Lincoln Way & University Blvd. • \$5 fee • ICN course
- Ames:** Thursday, November 6 • 6:30-8:30p • Mary Greeley Medical Center Meyers Auditorium, 1111 Duff Ave. • \$5 fee • Instructor: Becky Ellis, RN
- Boone:** Wednesday, September 3 • 7:30-9:30p • DMACC, 1125 Hancock Dr., Rm 117-118 • \$5 fee • ICN course
- Grimes:** Wednesday, September 3 • 7:30-9:30p • Dallas Center/Grimes High School, 3353 240th St. • \$5 fee • ICN course
- Knoxville:** Wednesday, September 3 • 7:30-9:30p • Knoxville High School, 1811 W Madison • \$5 fee • ICN course (Note: you may also attend the Universal Precautions class immediately preceding this without paying an additional fee)
- Marshalltown:** Wednesday, September 3 • 7:30-9:30p • Iowa Valley Continuing Education, 3702 S Center St. • \$5 fee • ICN course (Note: you may also attend the Universal Precautions class immediately preceding this without paying an additional fee)

Universal Precautions/Exposure Control Planning

- Adel:** Wednesday, October 29 • 6:30-8:00p • Adel Public Library, 303 South 10th • \$5 fee • Instructor: Child Care Nurse Consultant/Kathi Maben
- Ames:** Wednesday, September 3 • 6:30-7:30p • Scheman Bldg, Room 160, Iowa State Center, Lincoln Way & University Blvd. • \$5 fee • ICN course

Marshalltown: Tuesday, October 21 • 6:30-9:00p • Iowa Valley Continuing Education, 3702 S Center St. • \$25 fee • To register call 1-800-284-4823 or email lvceinfo@iavalley.edu

Newton: Wednesday, September 3 • 7:30-9:30p • Newton DMACC, 600 N 2nd Ave W • \$5 fee, payable at the door • ICN course

Norwalk: Wednesday, September 3 • 7:30-9:30p • Norwalk High School, 1201 North Ave. • \$5 fee • ICN course (Note: you may also attend the Universal Precautions class immediately preceding this without paying an additional fee)

West DM: Tuesday, October 7 • 6:30-8:30p • Shepherd of the Valley Church, 3900 Ashworth Rd. • \$5 fee • Instructor: Kimberly Groves, Iowa Department of Human Services

Healthy Eating can be Fun

Indianola: Monday, September 29 • 7:00-8:30p • Warren County Extension, 909 East Second Ave.

SIDS

Best practices for infants and reducing the risks in your home.

Norwalk: Monday, October 20 • 6:45-8:15p • Christ Our Savior Lutheran Church, 515 Sunset Dr. • Kidz Kare Meeting

Keeping Kids Safe: For Kids' Sake Think Toy Safety

A class designed especially for child care providers.

Des Moines: Tuesday, September 16 • Dinner - 5:45-6:25p, Presentation - 6:30-8:30p • Blank Children's Hospital • For registration visit: www.blankchildrens.org - under the Upcoming at Blank section and click on Keeping Kids Safe-2008 Childcare Seminar. For additional information contact Marie Champlin at 515-241-6728.

Health, Safety & Nutrition

Health: Silly Sally's Keeping Your Head Above Water

Do you know preschoolers laugh, on average, 400 times a day while adults merely chuckle 15 times a day? Life is full of things that bring people down. Sally will give participants some ideas that can be "LIFESAVERS" in their lives, including laughter. Sally will have participants smiling, laughing and thinking about how to add more laughter to their lives through MUSIC, ventriloquism, and many hands-on activities.

Des Moines: Tuesday, September 16 • 6:30-8:30p • Bethany Reform Church and Preschool, 720 NE 52nd Ave. • \$5 fee • Instructor: Sally Shaver, ECE Physical Fitness Instructor

Health: Silly Sally's Get Moving, Get Learning, Part One

Silly Sally will share the importance of movement and music activities on brain development for children. She will discuss how children learn academic concepts through movement. Come ready to participate and learn many activities that can be done right in your classroom.

Ankeny: 6:30-8:30p • Casey's General Store Child Development Center, 1 SE Convenience Blvd. • \$5 fee • Instructor: Sally Shaver, ECE Physical Fitness Instructor

Fire Safety & Fire Extinguisher Training

This workshop is designed to address fire safety issues in the child care environment. As part of the training, participants will also learn the proper use of a fire extinguisher.

Ames: Monday, October 20 • 6:30-8:30p • Center for Child Care Resources, 100 University Village • \$5 fee • Instructor: Ames Fire Department personnel

Boone: Tuesday, September 16 • 6:30-7:30p • Boone Fire Department, 923 8th St. • \$5 fee • Instructor: Boone Fire Department personnel

Knoxville: Saturday, October 11 • 10:00a-noon • Knoxville Fire Department, 305 S 3rd • Instructor: Mike Roberts, Knoxville Fire Department personnel

Norwalk: Monday, September 15 • 6:45-8:15p • Christ Our Savior Lutheran Church, 515 Sunset Dr. • Kidz Kare Meeting

Learning Experiences & Environment

IPTV Provider Book Club

Participants will use Every Child Reads strategies to teach children new words and backgrounds when speaking and reading to children; learn the importance in limiting the amount of time children use media and how to select and use the media as teaching tools. This training is a series of 8 monthly sessions. Participants will receive resources (i.e. books, handouts, etc.) at each session.

Boone: Thursdays, September 11, October 9, November 13, February 12, March 12, April 9, May 14, June 11 • 6:45-8:15p • Family Empowerment Center, 724 8th St. • Instructor: Stephanie Smith

Indianola: September 8, October 6 & November 3 • 6:30-8:00p • Indianola Library, 207 N B

Newton: September 8, October 6 & November 3 • 6:30-8:00p • Jasper County ISU Extension office, 550 N 2nd Ave. W

Pella: Mondays, September 15 & October 13 • 6:30-8:00p • Crossroads of Pella, 712 Union • Instructor: Brenda Huisman

McCallsburg: September 2, October 6, November 3, January 5, February 2, March 2, April 6 & May 4 • 6:30-7:45p • McCallsburg Elementary & Preschool, 400 Latrobe Ave

Interactions With Children

The Childhood of Art II

A hands-on workshop demonstrating the importance of art in child development. Bring examples you'd like to share. This time you make the mess and someone else will clean it up! This training is for members of the Mid-Iowa Family Day Care Association. The meeting will take place from 6:30-7:00 pm. If you are not a member and do not wish to be, the cost of the training is \$10.00.

Marshalltown: Monday, September 8 • 7:00-9:00p • Mid Iowa Community Action, 1001 S 18th Ave. • Instructor: Mandy Gallentine, Certified Instructor

Music Studio Series

Music and movement experiences are important to the young child's developing brain. Learn how to select and use music experiences with the children in your care, how music and movement enhance brain development and academic skill development, and how to select and incorporate music across your curriculum. Participants are NOT required to attend the full series.

- Altoona:** Dance and Sing: Tuesday, September 23 • 6:30-8:30p • Altoona Public Library, 700 8th St. SE • \$5 fee • Instructors: Moira Leu, Jennifer Senne, and Marsha Mezger, Early Childhood Music Education Specialists
- Altoona:** Music and Movement Make Magic: Monday, October 27 • 6:30-8:30p • Altoona Public Library, 700 8th St. SE • \$5 fee • Instructors: Moira Leu, Jennifer Senne, and Marsha Mezger, Early Childhood Music Education Specialists
- Altoona:** Enhancing Learning Through Music: Tuesday, November 18 • 6:30-8:30p • Altoona Public Library, 700 8th St. SE. • \$5 fee • Instructors: Moira Leu, Jennifer Senne, and Marsha Mezger, Early Childhood Music Education Specialists

Iowa Positive Behavior Supports (PBS) Initiative

This training is focused on promoting children's social and emotional competence and preventing and addressing challenging behaviors. The content of the training reflects a commitment to promoting social emotional development in all children but recognizes the need for more intensive interventions when children have significant social emotional needs and challenging behavior. The importance of working with families and building teams will be woven throughout three primary content areas related to supporting infants' and toddlers' social emotional development.

- Pella:** Social Emotional Development within the Context of Relationships • Saturday, September 20
Responsive Routines, Environments and Strategies to Support Social Emotional Development • Saturday, October 18
Individualized Intervention for Infants & Toddlers: Determining the Meaning of Behavior and Appropriate Responses • Saturday, November 15
- All Classes: 8:30a-noon • Crossroads of Pella, 712 Union • Instructor: Pam Bettger, Parent Educator with Prevent Child Abuse Iowa

So Art Is a Process - How Do I Do This Process?

Are you tired of doing craft projects that all look alike? Maybe you know art should be creative and process-oriented, not just another product. But how do you do that? Join LeAnn for a hands-on session exploring various materials you can use with preschoolers.

- Ames:** Tuesday, September 30 • 6:30-8:30p • ChildServe, 1915 Philadelphia St. • \$5 fee • Instructor: LeAnn Auxier, Center Director

Better Kid Care: What Does "Time" Mean to Children?

What do children of different ages know and understand about time? Why do children and adults struggle when it's time to clean up? Learn ways to build on children's understanding of "yesterday," "today," and "tomorrow."

This ICN course will be held Thursday, October 16, 6:15-7:45p at the following locations:

- Adel:** CCR&R of Dallas County, 28059 Fairground Rd. • \$5 fee
- Boone:** Boone County Extension Office, 603 Story St. • \$5 fee
- Indianola:** Warren County CCRR, 909 East Second Ave • \$5 fee
- Iowa Falls:** ISU-Hardin Co. Extension, 524 Lawler • \$5 fee
- Nevada:** Story County Extension Office, 220 H Avenue • \$5 fee
- Winterset:** Madison County Extension, 117 N First • \$5 fee

Child Growth and Development

Sexual Protection and Education for Kids

Participants in this four hour training will learn to identify normal sexual behaviors of young children and how to respond to sexual behaviors and questions. Participants will also be trained in a curriculum appropriate for ages 3-9 that emphasizes adult responsibility for protection and positive messages about sexuality in an age-appropriate and health-focused approach. This innovative and research-based program is appealing and fun for children and packaged to make teacher planning quick and easy.

- Indianola:** Tuesdays, October 14 & 21 • 7:00-9:00p • Warren County CCR&R, 909 East Second Ave. • \$5 fee • Instructor: Barb Ramos, Ph.D.

Program Management

Iowa Quality Rating System Working Meeting

This question and answer workshop is intended for providers who have an Iowa Quality Rating System (QRS) application and would like assistance completing it. Participants will have the opportunity to ask questions and receive assistance with the forms directly from Emily Way, Central Iowa CCR&R Quality Rating System Specialist. If you have not yet requested an application, but are interested in learning more about QRS, call Emily Way at 515-246-3592. **No training credit will be awarded for attending this session.**

- Des Moines:** Tuesday, September 2 • 6:30-8:00p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave.

Quality Rating System(QRS) Director's Workshop

This question and answer workshop is intended for child care centers and preschool program administrators who have received a QRS application. You will have the opportunity to ask questions and receive assistance completing the QRS forms.

- Des Moines:** Monday, October 6 • 1:30-3:00p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • to register, contact Emily Brott at 515-246-3592

Organizing Child Development Home Business Records for TAXES

Organizing your home child care business records can be a challenge. This 2-part series will help you understand what records to keep and how to keep records so you are ready to file your taxes. After completing the full series, participants will receive a child care home business kit helpful for organizing business records, valued at \$80. If you have been using the "Calendar Keeper" to prepare for taxes, please bring it to class. This series qualifies as CACFP training.

Des Moines: *Thursdays, September 4 & 18 OR Tuesdays, October 14 & 21 • 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Master Tax Advisor/Accountant Dean Blum (Sept), Roger Wisecup, CPA (Oct.)*

Child Care Council, Inc: Beyond Business Basics

This class is intended for child care center and/or preschool program administrators including owners, directors, assistant directors, site supervisors, or other staff with management and supervisory responsibilities. Participants must be a member or plan to become a member of Child Care Council, Inc. Registration is FREE for CCCouncil members. There is a \$5 fee per session for non-members. Call 515-246-3561 for details. This training is approved for NAC renewal training credit.

West DM: *Session 1 - Tuesday, September 9 • 1:00-2:30p • Session 2 - Tuesday, October 14 • 1:00-3:00 p.m. • Session 3 - Tuesday, November 11 • 1:00-2:30p • West Des Moines United Methodist Church, 720 Grand Ave. • Instructor: Nancy Williams, Early Childhood Educator*

Business Contracts for Home Providers

The way you conduct your business results in your success or failure as a home child care business owner and operator. This workshop will give you practical information for developing or updating a child care home business contract as well as guidance in developing or updating policies and procedures about the way you conduct your business. Please bring a copy of your home business contract and/or policies for use during the class.

Des Moines: *Saturday, September 13 • 9:00-11:00a • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: CCR&R Home Consultant, Jeannie Rist*

Business Contracts for Home Providers

Who needs a written contract? You Do! Head off problems with clients before they have a chance to start. Use your contract and policy statement as a proactive step in making your business run smoothly. EVERY person who registers for and attends this class AND the Record Keeping and Taxes class scheduled for September 17 will receive a box of business essentials worth over \$60.00!

Adel: *Wednesday, September 10 • 7:00-9:00p • CCR&R of Dallas County, 28059 Fairground Rd. • \$5 fee • Instructor: Child Development Home Provider & Adult Educator, Natalie Short*

Taxes & Recordkeeping for Family Child Care Homes

The key to a successful child care business operation is sound business practices. Learn about record keeping for tax purposes. EVERY person who registers for and attends this class AND the Business Contracts class scheduled for September 10 will receive a box of business essentials worth over \$60.00

Adel: *Wednesday, September 17 • 7:00-9:00p • CCR&R of Dallas County, 28059 Fairground Rd. • \$5 fee • Instructor: Child Development Home Provider & Adult Educator, Natalie Short*

Beyond Business Basics for Homes and Centers: Meeting Child Care Regulations and Professional Development Pathways

This 2-part series will focus on the rules and regulations for owning and operating a child care or preschool business and the opportunities available to child care professionals for education and career advancement. Plan to register for and attend both sessions in order to receive training credit. Credit for partial attendance will not be awarded. Training is approved as NAC renewal credit for child care center and preschool administrators holding a National Administrator Credential.

Des Moines: *Wednesdays, September 17 & 24 • 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Matthew Tapscott*

Beyond Business Basics for Homes and Centers: Committing to Quality Standards and Curriculum

This 3-part series will focus on improving your child care program's business practices; how to review, select, and work toward goals for your child care program; and techniques for successfully promoting and advertising your child care services. Plan to register for and attend all sessions in order to receive training credit. Credit for partial attendance will not be awarded. Training is approved as NAC renewal credit for child care center and preschool administrators holding a National Administrator Credential.

Des Moines: *Wednesdays, October 8, 15 & 22 • 6:30-8:30p • CCR&R at the Child Guidance Center (Orchard Place), 808 Fifth Ave. • \$5 fee • Instructor: Matthew Tapscott*

Child Care Home Provider Business Training with Tom Copeland

Join this statewide ICN presentation by Tom Copeland, JD, Director of the Redleaf National Institute. Tom Copeland, a licensed attorney, has written many books on business issues for family child care and trains thousands of providers and tax preparers each year on record keeping, taxes, marketing, legal issues, and other business topics. Registration begins at 8:30 a.m. Please bring a brown bag lunch (lunch will not be provided). Participants will have the opportunity to network during lunch. You must attend the full event in order to receive training credit. Credit will not be given for partial attendance.

Various ICN: *Saturday, October 25 • 8:30-4:00p • Various ICN sites • \$10 fee • NOTE: once approved, ICN locations will be added to the online Training Calendar, please go to www.centraliowachildcare.org for updated information*

Stress Management 101: Managing Stress In The Real World

You will learn how to stay calm, cool and collected in a fast paced world and beat stress at home, work and everywhere else. From identifying the stressors in your life to practical methods that you can use to manage them better, Stress Management 101 will give you the tools you need to manage stress more effectively.

Marshalltown: Wednesday, September 17 • 6:30-8:30p • Mid Iowa Community Action, 1001 S 18th Ave. • \$5 fee • Instructor: David Case

NAC Training

National Administrator Credential (NAC) training for child care center and preschool program administrators offered by the National Child Care Association will meet at Adventureland Inn in Altoona, September 15-19. For more information and to register, go to www.nccanet.org or call 1-800-543-7161.

Iowa DHS-Approved Self Study Training Opportunities

Care Courses at carecourses.com

Care Courses is an international distance learning school offering online/distance learning for child care professionals and child care providers. Child care providers may also use the home-study courses for their CDA (Child Development Associate Credential). Each course grants CEUs (Continuing Education Units) toward CDA renewal.

Child Development Education Alliance at cdealliance.org

CDEA works with child care professionals to promote professional development and quality programs for young children and their families. CDEA promotes high standards of educational excellence within Christ-centered child care, kindergarten, and preschool programs.

Eager to Learn at eagertolearn.org

Eager-to-Learn is an innovative, community based on line training service offered by the Minnesota Child Care Resource & Referral Network.

Food Safety for Family Day Care Providers at www.umassone.net/foodsafetydaycare/index.html

Online mini-course specially designed for child care providers. This course provides important food safety information needed to improve food handling practices in order to safely feed and care for young children in day care settings. This three week-long course was developed by the Department of Nutrition at the University of Massachusetts-Amherst & UMass Extension NEP Food Safety Education Program in collaboration with and support from the Massachusetts Department of Education (MADOE).

BRIDGES: Classroom Management at aea11.k12.ia.us

BRIDGES: Classroom Management online training was developed by Iowa Heartland AEA 11 and focuses on enabling teachers and other professionals to deal effectively with behaviors of children 3-5 years old in child care settings including child care center classrooms, child development/family child care homes, and preschool programs.

Child Care Integrated Pest Management (Child Care IPM) at ipm.iastate.edu/ipm/childcare/home

ISU Continuing Education offers 0.2 CEUs for the training and an additional 0.2 CEUs for the optional activity (details posted online). There will be a minimal charge for processing your paperwork. Contact Mark Shour with questions or for detailed information (mshour@iastate.edu).

Health & Safety Training: National Program for Playground Safety at www.playgroundsafety.org/childcare/index.htm

The interactive online course is a one hour, self-paced class covering areas that will allow child care providers to learn S.A.F.E. supervision practices in an outdoor play environment. You will have two weeks to complete the course on your own time.

Conferences

Are YOU Ready? Ready for children - our future

Iowa Association for the Education of Young Children 2008 Annual Conference, OCTOBER 10-11, 2008, Polk County Convention Complex, Des Moines. Featured speakers include:

Sue Russell, NAEYC president-elect

Lisa Murphy, The Ooey Goey® Lady. To learn more about Lisa, check out her web site at www.ooeygoey.com.

Jeff Johnson, Iowa's own nationally-recognized author, speaker and child care provider. To learn more about Jeff, check out his web site at www.explorationsearlylearning.com.

Enjoy over 100 workshops, plus exhibits and special events. If you wish to present a workshop, exhibit, or attend the conference go to www.iowaaec.org or email info@iowaaec.org for additional information.

Soaring and Exploring

Saturday, October 4, 8:30 a.m.-3:15 p.m.

Location: Iowa Valley Continuing Education, 3702 S Center St., Marshalltown

Topics include: Music, Childhood Obesity, the Happiest Baby, Nutrition, Fine Motor Development, Every Child Reads, Movement for Hands and Feet...and many more.

\$20 fee includes coffee, rolls, and lunch.

To register, call IVCE at 641-752-4645 or 1-800-284-IVCE and register for course: CED 1232 004

Preschool Seminar

Saturday, October 18, 9:00 a.m.-4:30 p.m. at Myers Auditorium, Mary Greeley Medical Center, 1111 Duff Ave, Ames.

Registration fee: \$15

Join us for a fun day with 3-5 year olds! Learn about ideas and activities that you can implement when you return to your classroom on Monday. Three workshops totaling 6 hours of training credit will include:

"I Do It!" Getting Ready to Write; Janet Heintz, AEA Occupational Therapist. *"Come Explore with Me!" Hands On Science*; LeAnn Auxier, Center Director. Make and Take Projects for Preschoolers; Tracie Heidt, Ames Public Library

Connecting the Pieces - Iowa Community Education Association Fall Conference

Friday, October 24, 8:00 a.m.-4:00 p.m. at the Courtyard Marriott in Ankeny, IA.

Keynote by Beth Robertson, Executive Director of the National Community Education Association

For more information or to register, visit

lowacommunityeducation.org or call Martha McCormick, ICEA Executive Director at 515-979-3311.

Early Childhood Educators Professional Development - Kindergarten Readiness

Presented by the Des Moines Chapter of the Iowa Association of the Education of Young Children in collaboration with the United Way of Iowa. The speaker will be Cathy Eddy, Early Childhood Consultant with Heartland Area Education Agency.

Thursday, September 11, 6:30-8:30 p.m. at the Neveln Community Resource Center, 406 S.W. School St. Ankeny. For more information or to register, call 515-963-0527

Iowa Head Start Association 2008 Annual Conference: Leading the Way, Making a Difference for Children, Families and Communities

Thursday, October 9, 8:30 a.m.-3:30 p.m. at Foxboro Conference Center, 6165 NW 86th St., Johnston, Iowa. Topics include Family Centered Home Visits, Parent Involvement, Positive Behavior Supports, Obesity Prevention, Oral Health and Pre-K. to register, email kyoungkent@tricitychildandfamilies.org. Registration is email only. Earlybird Registration \$30, Late registration \$40 (after September 19th), IHSA Awards Luncheon ONLY: \$25

Iowa Smokefree Air Act

The Smokefree Air Act was signed into law by Governor Chet Culver on April 15, 2008. The law went into effect on July 1, 2008. Smoking will be regulated in public places, places of employment, and certain outdoor areas. The Smokefree Air Act outlines areas where smoking is prohibited, areas where smoking is not regulated, enforcement details, and scheduled penalties for persons and businesses that violate the law.

The Smokefree Air Act does include all child care businesses: non-registered homes, registered child development homes, licensed centers and preschools. All child care providers and programs received a letter from the Iowa Department of Human Services explaining how the new law affects child care:



Smoking and the use of tobacco products is prohibited (24 hours per day, 7 days per week) in all child care homes (non-registered and child development), child care centers and preschools, and in any vehicle in which children receiving care are transported. (Rules on smoking and the use of tobacco products in outdoor play areas for homes have not changed; smoking and the use of tobacco products remains prohibited during hours of operation.)

All non-registered and child development homes, child care centers and preschools must post nonsmoking signs at every entrance and in every car used to transport children. All signs shall include the telephone number of reporting complaints (1-888-944-2247) and the internet address of the Iowa Department of Public Health (www.IowaSmokefreeAir.gov). No smoking signs must be posted in all child care businesses, even if the program or home was previously a non-smoking facility. Signs must be 24 square inches in size, for example 3" X 8" or 4" X 6" meets the requirement. Signs with all the required information may be downloaded and printed at www.IowaSmokefreeAir.gov.

Child Care Resource & Referral of Central Iowa

Child Care Center Questions

Amy Curtis
Program Manager
Child Care Center Consultant
246-3595
acurtis@orchardplace.org

Kristie Vasey
Child Care Center Consultant
246-3551
kvasey@orchardplace.org

General Questions/Provider Support

Christi McKeag
Provider Services Specialist
246-3590
cbaumeister@orchardplace.org

Health Questions

Karen Doughan, RN
Regional Nurse Consultant
246-3567
kdoughan@orchardplace.org

Hispanic Questions/Assistance

Maria Gonzalez
Latino Parent and Provider Specialist
246-3558
mgonzalez@orchardplace.org

Home Registration/Consultation ChildNet Certification

Open
246-3572

Home Registration/Consultation Provider Assistance

Jeannie Rist
Polk County Home consultant
246-3562
jrist@orchardplace.org

Sunny Gibson
Polk County Home Consultant
246-3577
sgibson@orchardplace.org

Home Accreditation/QRS Consultation for Homes

Nicole Neubauer
Professional Development Consultant
246-3559
nneubauer@orchardplace.org

Parent Referrals

Parent Assistance

Jennifer Anderson
Regional Parent Services Coordinator
246-3563
janderson@orchardplace.org

PITC Infant & Toddler Care

General Questions

Jennifer Schreck
Regional Infant Toddler Specialist
246-3558
jschreck@orchardplace.org

Nancy Taylor
Infant Toddler Specialist
246-3507
ntaylor@orchardplace.org

Quality Rating System Questions

Emily Brott
QRS Specialist
246-3592
ebrott@orchardplace.org

Training Questions

Carol Rainforth
Regional Training Coordinator
246-3561
crainforth@orchardplace.org

Regional Director

Cathy Wheatcraft
246-3566
cwheatcraft@orchardplace.org

Main phone number (with menu): 246-3560
Toll Free phone number: 800-722-7619
Fax: (515) 246-3570

County Information

Polk

515-246-3560/800-722-7619

Saydel Early Connection Provider Association Hosts Fall Connections Mini-Conference

An emerging child care home provider association in Saydel invites you to join them at their next meeting on September 15, at 7:00 p.m. at Cornell Elementary school. The Saydel area providers will be hosting a mini conference and association kick-off luncheon on October 18. Training is from 9:00a-noon, with a light lunch following. Workshops include Outside Play, Everyday; Safe & Healthy All the Way; Healthy Meals in a Hurry; and Music Magic. Providers can register on the Polk County training calendar at www.centraliowachildcare.org or by calling 246-3561. For more information, call Joyce at Cornell Elementary: 244-8173.

Early Child Care Connection Association

Polk County home providers are invited to join the Early Child Care Connection Association. The group of home providers meets from 5:30-8:00 p.m. the last Tuesday of each month (except December). Call Melissa Nelson at 280-9027 for information.

New Staff at CCR&R

Introducing: Maria Gonzalez, Latino Parent & Provider Services Specialist.



CCR&R is pleased to announce that Maria Gonzalez has joined CCR&R as a Latino Parent & Provider Services Specialist.

Through interpretation and resources in Spanish, Maria will assist CCR&R staff in providing services to Spanish speaking families and providers. Maria will work

with parents to provide referrals to child care programs and providers to access available provider services. Maria will also be able to assist providers with services including recruitment to Information Meetings, getting registered for training, working with Child Care Home Consultants on home visits to assist providers in becoming registered, and provide information to help provider's access grants and other resources.

You can reach Maria at 246-3558 or mgonzales@orchardplace.org

Introducing Christi McKeag, Provider Service Specialist



Christi will often be the first person you speak to at CCR&R. Christi will be able to answer many of your questions or get you to the right person. Christi can also help you register for classes and is the person to call with [vacancy updates or if any information about your program needs to be updated in](#)

[the CCR&R database.](#) You can reach Christi at 246-3590 or cbaumeister@orchardplace.org.

Staff Change

Wendy Sullivan has left CCR&R to open her own Child Development Home. With her commitment to quality, we know Wendy's business will be a success. Wendy has agreed to retain her association with CCR&R as a trainer, so chances are you will see her again. Nicole Neubauer, formerly the Regional Child Care Home Consultant in central Iowa, has moved into the Professional Development Consultant vacated by Wendy. Any questions about Reach for the Stars grants for Child Development Home providers should be directed to Nicole at 246-3559.

Dallas

515-993-3813/515-480-7622

Back to School Update Time

It's back to school time and parents are looking for fall child care options. Please contact Angie, angiep@iastate.edu or 993-3813 and update your vacancies. Take advantage of this "free" CCR&R advertisement service!

Child care providers - earn extra money!

Lutheran Services in Iowa is pleased to offer a new Crisis Child Care Program in Dallas County for families needing short-term care for their children. Registered child development home providers are needed in Dallas County for this program to be successful!

Providers will receive a stipend of \$3/hr for child care services rendered. This is a great opportunity to earn extra \$\$\$ as well as serve families in your community in a time of need. If you are interested or would like more information contact Chris Rubino; chris.rubino@lsiowa.org, 515-432-6034.

Reach for the Stars Grants coming again for Child Development Homes, Child Care Centers and Preschools!

Good news, we will have Quality Rating System Support grants available again this year for Dallas County programs. We are not accepting applications at this time. Details will come to you by mail and email this fall. Remember, funds are limited, so it is important that you read the information as soon as you receive it. Grant guidelines will be updated this year; however, programs with completed applications submitted last spring will have the first opportunity to reapply for these grants. For information on Stars funding contact the Dallas County office.

Boone

515-432-6034 x6

Calling All Boone County Home Child Care Providers

Our next Provider Networking meeting will be held September 30th at 6:45 p.m. at the Family Empowerment Center. We will be discussing IAIEYC Conference in October.

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County Information

Center and Preschool Directors

Our next Center and Preschool Director Network meeting will be Tuesday, October 7th from 1:00-3:00 p.m. at the Family Empowerment Center.

Lending Library

Lending Library hours are the 1st and 3rd Thursday of the month from 5:00-7:30 p.m., unless otherwise noted in the Professional Development Connection. If you would like to access the library outside the lending library evening hours, contact Stephanie Smith at the office. Remember our Lending Library also has videos and resource materials.

Save the Date

Boone County Empowerment Fall Early Education Networking Night is October 23, 6:00-8:00 p.m. at Paige Elementary School Library, Boone. More information to come on the training calendar.

Hardin

641-648-4201/800-437-8599

Provider Scholarship and Professional Membership Funds

They're Back! CCR Hardin County has funding available for provider scholarship and memberships to professional organizations (NAEYC, NAFCC, etc.). If interested, contact the office for more information.

Lending Library

Are you ready to liven up your program? The CCR Lending Library has lots of toys, equipment, books and other resources that will bring new life to your activities and environment. We will continue to have extended hours on the 1st and 3rd Thursdays of every month from 4:30-7:00 p.m. New memberships and renewal memberships began July 1, 2008. Annual membership fee for toys & equipment is only \$20.00 and is tax deductible. Membership is free for resources & videos.

Training Certificate Notice

A quick reminder regarding policies pertaining to training certificates as established by the Center for Child Care Resources' Board of Directors: The fee for study guides to obtain training credit for videos is \$ 5.00 per person per study guide. There is a \$5.00 fee to process the study guide and mail the training certificate. Please contact our office with any questions.

Calendar Keepers

There are still a few 2008 Calendar Keepers available at a DISCOUNTED PRICE OF \$8.00!

New Child Care Handbook

The ISU Extension Child Care Handbook (printed in September 2007) is available at the Hardin County CCR office! This is an excellent resource for Child Development Homes! Contact Elizabeth to find out how to receive your free copy.

Parent Referral Services

Keri Guy is CCR of Hardin County's Parent Referral Counselor. She is able to assist families who are looking for child care. If you know of someone who is in need of child care, please have them contact Keri at 1-800-437-8599 or go to our website at www.centraliowachildcare.org to do a web referral.

Nurse Consultant Services

CCR of Hardin County has its very own Child Care Nurse Consultant! Contact Elaine Lawrence at (641)751-5050 or lawrencege@mchsi.com for questions concerning child care health and safety.

Home Consultant Services

Dawn Ling is CCR – Hardin County's Home Consultant. She can assist providers with the registration process and provide one-on-one assistance and support. You can contact Dawn at 1-800-437-8599 or dling@iastate.edu.

A Friendly Reminder... Keep updating with us!

We love to hear from you! Please contact our office on a regular (monthly) basis to update your program information (vacancies, e-mail/ mailing address, new phone numbers, etc.).

Step-Up-For-Kids Day is September 16th.

For more information, go to www.everychildmatters.org

Story

515-294-8833/800-437-8599

Training Certificate Notice

A quick reminder regarding policies pertaining to training certificates as established by the Center for Child Care Resources' Board of Directors: 1) There is a \$5 fee to process a study guide and to receive training credit. 2) The fee to obtain a duplicate training certificate for either live or video training is \$5.00 per training certificate. However, this does not apply to duplicate CPR/First Aid certificates, which are issued and would need to be requested through the American Red Cross or American Heart Association. Please contact our office if you have any questions.

Calendar Keepers

We still have a few 2008 Calendar Keepers available at a DISCOUNTED price of \$8.00! Stop by our office to purchase one today.

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County Information

Lending Library Membership

Are you and your children tired of playing with the same old toys each and every day? If so, come visit our Lending Library! We have portable cribs, double strollers, high chairs, musical instruments, play sets, and blocks, just to name a few. Membership fees are only \$20 for one year, so stop by our office today to become a member!

Save the Date

On Monday, October 6, Susan M. Moore, Professor and Director of Clinical Education and Services at the University of Colorado, will be presenting Language and Culture: Respecting Family's Choice. The lecture will be held in the Pioneer Room at the Memorial Union on the Iowa State University campus at 7:00 p.m. No registration is needed. Training certificates available.

Fall Updates

Please contact our office to update your program information, including vacancies, phone/email/mailling address changes, etc.

Jasper

641-792-6433/800-711-7081

Resource Library

CCR&R of Jasper County is now offering a Resource Library for all Jasper County child care providers to enhance programming or offer variety for their children. Items available include Books for Beginners, CD's, resource books, theme kits, parachutes, Baby Signs Starter Kit, and many more. Contact the Jasper County office for a copy of the complete list, guidelines and check out procedures.

New Family Child Care Handbook:

Have you received a copy of the revised Heartland Family Child Care Handbook by Iowa State University Extension? This handbook was formerly known as the Iowa Family Child Care Handbook, but has recently been revised and we have copies available in our office. This handbook is a great resource for home child care providers which includes a CD filled with sample forms. If you would like a copy of the new handbook, contact our office.

Child Care Nurse Consultant

Jean Ferguson, R.N. plays many roles in her position at Public Health. She is available to meet your needs any day of the work week, but the best days to reach her for your child care needs are Tuesdays and Thursdays. If you need to reach her on other days of the week, please leave a message and she will return your phone call when she returns to the office. You may reach Jean at 641-792-5086.

Provider Incentives

The *So Many Rewards* program is back this fiscal year, in addition to funds for professional development and QRS Support (quality improvement grants). Due to budget cuts, these programs have been revised, so please contact our office for a copy of the guidelines.

Warren & Madison

515-961-5067 & 515-462-9452

New ChildNet Provider

Congratulations to Linda Cameron newly ChildNet certified provider!

Need Cash?

Warren County registered child care providers watch your mail for grant opportunity information meetings.

Health & Education Fair

It is time again for the Warren County Health and Education Fair. The plans are for this to be bigger and better than ever before. It will be held on September 18, 3:00-7:00 p.m. on the square in Indianola. Rain location is the auditorium of the Warren County Administrative Bldg., 301 N. Buxton, Indianola.

The Parenting Way...To ask for Help & Seek Support

September 2, 6:00-8:00 p.m. at Stork's Nest, 115 E Washington, Suite 5, Winterset. Free parent education classes & child care provided.

Immunizations

Madison County Public Health, 112 N John Wayne Dr. 3rd floor of courthouse, Winterset. 515-462-9051. Immunizations for all children 0-18 years old. Must meet one of the following criteria:

1. Have no insurance at all
 2. Insurance does not pay for immunizations
 3. Be on Medicaid
 4. Be an American Indian or Alaskan Native
- Call to schedule your appointment.

Marshall

641-752-7162

Lending Library Hours

Mondays, September 8 & October 6 from 5:30-8:30 p.m. and by appointment - call Ruth at 641-752-7162 x 161.

Training

We have some great training opportunities for you this year. The *ChildNet* series will be offered from October-February, *Soaring and Exploring* and *Tom Copeland's Home Provider Business Training* in October. Plus, throughout the year, we will offer several other classes on a variety of topics such as *Stress Management*, *CPR/FA*, *Universal Precautions*, *Mandatory Child Abuse Reporter Training*, *Nutrition and Health and Safety*.

Unfortunately, due to a decrease in funding to Marshall Co. CCR&R, we will be offering fewer classes this year than last year. So keep an eye out for classes that interested you to make sure you have the training hours you need for your registration.

Diversity

Continued from cover

school readiness is best addressed by taking a multi-systems approach, that is, an approach that combines health, early care and education, family and community supports, and special needs/early intervention. Logically, this is where we need to look in addressing disproportionality in Iowa. When analysts do this, they find persistent gaps between children and families from different racial, ethnic and social-economic households exists in all of these areas. Access to insurance and health care is affected by race and class. The negative effects of living in poor housing or dangerous neighborhoods also affect children disproportionately by race and class, as does identification for special needs or participation in the child welfare system.

These are complex, interrelated issues that do not easily yield to simple answers. However, the best way to perpetuate this inequality is to do nothing. The existing system has generated these results, and if early childhood professionals are not satisfied with these results, then something needs to be done differently.

In general terms, early childhood workers must add to their list of competencies the ability to identify barriers of access to high quality services (health, child care, early education, family support, child welfare, etc.) by poor and minority children and families. They must make it their responsibility to expand opportunities so all children have a chance to benefit positively from high quality early experiences, and to grow in healthy and successful ways. Where to start?

One simple step would be for family child care providers or centers being willing to take more children who are paid through child care subsidy. (State rates have increased recently so providers are being more fairly reimbursed currently than in the past.) Teachers can work to create safe and supportive classroom communities where differences are respected and celebrated. (A first step might be to check out the resources found at <http://journal.naeyc.org/btj/200511/DiversityResourcesBTJ1105.asp>.)

Last fall, when a group of Iowa stakeholders gathered to address this issue, they came up with the following strategies:

- Increase training and cultural competency for staff and trainers.
- Increased diverse representation on planning groups and agency/program staffs.
- Consider and learn about multi-cultural perspectives when thinking about early childhood programs, curriculum, planning, investments and family engagement strategies.
- Commit to engaging in intentional conversations to identify barriers due to cultural or language differences and develop strategies to address those barriers.
- Increase access to care for all children, (transportation, interpreters).
- Pay attention to how you can support positive relationships between children and families.
- Make your early care and education center a hub for early childhood information so all your families can learn how to access health, social welfare and family support services in your community.
- Make sure the quality of the services you provide is the very best you can offer.
- Actively recruit and train child care providers and teachers from diverse communities.

No real change happens until it happens in your head. Maybe that's already happened because you read this article. The next step is up to you.

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Español

Introduciendo A: Maria González, Especialista de Padres Latinos y Proveedora

CCR&R está contento anunciar que Maria González se ha unido CCR&R como Especialista de Padres Latinos y Proveedora. Para interpretación y recursos en español, Maria asistirá CCR&R para proporciona servicios a familias de habla español y proveedoras. Maria trabajará con padres para proporcionar remisiones a programas de cuidado de los niños para tener acceso a servicios de proveedora disponibles.



Maria también asistirá a proveedoras con servicios incluso el reclutamiento a Reuniones de Información, registradas para la formación, que trabaja con el Cuidado de los Niños. También asesorar cuando hace visitas en casa. Asistiendo a proveedoras en hacerse certificadas, y proporcionar la información para ayudar a subvenciones de acceso de proveedoras y otros recursos.

Entrenamiento en Español

Junta de Información del cuidado de niños en casa.

Si usted esta pensando cuidar niños en su propia casa (o si usted lo proporciona ya), usted esta invitado a asistir a esta Reunión de Información. Venga a conocer a Maria Gonzalez, CCR&R's Especialista de Padres Latinos y Proveedora. Hablaremos de los servicios de CCR&R y registro estatal, programa de alimento federal, también oportunidades de entrenamiento y más! Esta clase se requiere antes de que sea referible a padres por CCR&R.

Agosto 23 • 9:00a12:00p • Free

Entrenamiento para Proveedoras del cuidado de los niños "Reporteros Mandatarios de Abuso al niño."

Aprenda sobre su papel como un reportero de abuso de niño obligatorio. Traiga sus preguntas y preocupaciones. Los participantes que completan la formación serán certificados con el Departamento de Iowa de Servicios Humanos durante cinco años. Esta formación es requerida si usted es un Desarrollo de Niño certificado abastecedor de Casa o trabajo en un centro de cuidado de los niños autorizado.

Septiembre 6 • 9:00-11:00a • \$5

Actividades Físicas y Bocados Sanos para Chiquitos

El bocado y las ideas de actividad serán proporcionados para usted para usar en su cuidado de los niños en casa. Vístase cómodamente porque habrá participación de clase de diversión.

Septiembre 20 • 9:00-11:00a • \$5

ChildNet entrenamiento para el desarrollo de del niño proveedoras de casa.

Si usted planea comenzar un negocio de cuidado de los niños en su de casa (o ya tiene uno), esta serie de formación de diez partes es diseñada para ayudarle. Usted no tiene que ser registrada por el estado para matricularse en la serie ChildNet.

Septiembre 27-Octubre 25 • 8:00a-2:00p • \$10

CPR, Ruptura de almuerzo, First Aid

Este entrenamiento es requerido si usted es una proveedora certificada del Desarrollo del Niño en Casa o trabajo en un centro de cuidado de los niños autorizado. La certificación será valida por dos años.

Noviembre 1 • 8:00a-3:30p: 8:00-12:00 CPR, 12:00 Ruptura de almuerzo, 12:30-3:30 First Aid • \$20

Programa para Cuidado de Niño Infantil (PITC)

Estas 5 partes de series (25 clases) son intencionadas para proveedoras que trabajan con bebés y niño o quiénes están interesados en el aprendizaje sobre mejores prácticas del cuidado de bebé/niño.

Enero 13-Abril 21 • Martes & Jueves • 6:30-8:30p • \$10

Alertas de Riesgo: Recordó de Productos, Alimentos y Medicamentos

Información sobre los productos recordó se encuentra en el sitio web de la Comisión de la Seguridad de Producto al consumidor: [Http://www.cpsc.gov](http://www.cpsc.gov). Para una lista completa de las advertencias de la Administración de Drogas y Alimentos: <http://www.fda.gov/opacom/7alerts.html>

El Cuidado de los Niños Sanos de Iowa (www.idph.state.ia.us/hcci/recalls.asp) mantiene una lista de productos que tienen una advertencia o ha sido recordado en los seis meses pasados por categoría de producto:

- Camas, cunas y ropa de cama
- Ropa, Calzado y Accesorios de niños
- Equipo (incluyendo equipo infantil)
- Alimentos, Drogas, los Peligros y Recordó de la Medicina
- Muebles Relacionaron a la Guardería
- Juguetes y Artículos Relacionados con Juegos

Reach for the Stars Grant Evaluations

Thank you to all who returned the Reach for the Stars Grant Evaluation form so quickly. We were very pleased with a 30% return. This information was used to report to the grant funders (United Way Women's Leadership Connection and Polk County Empowerment) the effectiveness of the grants. CCR&R is accountable to funders to document that desired outcomes really happened. The results of the evaluation document that participating programs increased their understanding of what quality means as a result of participating in the quality improvement process through Reach for the Stars Grants.

As a result of participating in the Reach for the Stars consultation and grant process:				
	Not at all 1	A little 2	Some 3	Significant 4
I increased my understanding of what quality means in child care	2%	13%	19%	66%
I made changes to increase the quality of my child care program environment	0	8%	15%	77%
I implemented new practices to increase the quality of the care provided in my child care program	0	9%	21%	70%

The evaluation also shows that participation in the quality improvement process through Reach for the Stars Grants provides motivation to participate in the Quality Rating System.

As a result of participating in the Reach for the Stars consultation and grant process:		
	Licensed Centers/Preschools	Child Development Homes
I plan to apply for a rating in the Quality Rating System for the first time	85% of programs with no QRS rating plan to apply	100% of programs with no QRS rating plan to apply
I plan to re-apply for a higher rating in the Quality Rating System	100% of programs with a 1-4 QRS rating plan to re-apply	100% of programs with a 1-4 QRS rating plan to re-apply

CCR&R child care home consultants and child care nurse consultants completed 815 on site consultation sessions to Polk County child care home providers last year. An additional 832 technical assistance sessions were completed through phone calls and emails. Licensed centers and preschools were the recipients of 791 on site consultations and 630 technical assistance sessions through phone calls and emails from child care center consultants and child care nurse consultants. Programs do not have to be applying for a grant or working on a Quality Rating System rating to work with a consultant. CCR&R consultation services are always available. Don't hesitate to call with questions of any kind. CCR&R is here to help you.

Risk Alerts: Recalled Products, Foods, and Medicines

Information on recalled products is found on the Consumer Product Safety Commission web site: <http://www.cpsc.gov>. For a full listing of The Food and Drug Administration warnings go to: <http://www.fda.gov/opacom/7alerts.html>

Healthy Child Care Iowa (www.idph.state.ia.us/hcci/recalls.asp) maintains a list of products that have a warning or have been recalled in the last six months by product category:

- Beds, Cribs, and Bedding
- Child Clothing, Shoes, and Accessories
- Equipment (including infant supplies/equipment)
- Playground & School Safety
- Food, Drug, Medicine Hazards and Recalls
- Furniture Related to Child Care
- Toys and Play Related Items
- Bicycle Safety

2008 Training Assessment

Earlier in 2008, Training Assessments were mailed to all 3,389 child care programs in the Child Care Resource and Referral of Central Iowa region. This includes Boone, Dallas, Hardin, Jasper, Madison, Marion, Marshalltown, Polk, Story and Warren counties. Non-registered child care homes, registered Child Development Homes, licensed centers, school age programs and preschools were invited to respond. 339 Training Assessments were returned to CCR&R. We appreciate your feedback. While regulatory requirements and Quality Rating System generated needs guide much of the training CCR&R provides, we are committed to identifying and meeting your individual training needs.

What did we learn?

- Evenings are the preferred time for attending training, followed by Saturdays and small local conferences.
- Time is the number one barrier to attending training.
- The top training needs identified are:
 - ~ Curriculum: with art, music and movement and mixed age group curriculum the top three choices
 - ~ Stress management, staying motivated and preventing burnout
- The most requested topics include: outdoor play spaces, healthy recipes for meals and snacks, developing observation skills, art curriculum, arranging learning environments, preschool growth and development, toddler guidance, recordkeeping and taxes, parent involvement, school readiness, meeting the need of children with physical disabilities and staying motivated and preventing burnout.

What happens next?

- Local county information will be used by the Provider Service staff in each county who schedule trainings to plan trainings
- Information on the training needs of child care programs will be shared with funders to plan for the best use of training funds
- Provider Service staff will meet with the Regional Training Coordinator quarterly to assess current training and plan new trainings to meet identified needs.

We want your feedback and to hear your ideas. Please contact your local CCR&R staff, or the Regional Training Coordinator for CCR&R Carol Rainforth at 246-3561.

National and State Professional Associations

Iowa Family Child Care Association (IFCCA)
www.iowafamilychildcare.org
(563) 556-5054

National Association for Family Child Care
(NAFCC) www.nafcc.org
(801) 269-9338

National Association for the Education of Young
Children (NAEYC)
www.naeyc.org
(202) 232-8777 or (800) 424-2460

Iowa Association for the Education of Young
Children (IA AEYC)
www.iowaaeyc.org
(515) 967-9940 or (800) 469-2392

Redleaf National Institute
www.redleafinstitute.org
(651) 641-6675



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Marshall, Madison, Warren, Story
Boone & Hardin counties
808 Fifth Ave.
Des Moines, IA 50309
515-246-3560/800-722-7619
www.centraliowachildcare.org

Center for Child Care Resources
Serving Story, Hardin & Boone
counties
100 University Village
Ames, IA 50010
515-294-8833/800-437-8599

**Center for Child Care Resources -
Boone County Office/Family
Empowerment Center**
724 8th Street
Boone, IA 50036
515-432-6034 x6

CCR&R of Dallas County
ISU Extension
28059 Fairground Road
Adel, IA 50003-4406
515-993-3813/515-480-7622

**Center for Child Care Resources -
Hardin County Office**
503 1/2 Washington Ave.
Iowa Falls, IA 50126
641-648-4201/800-437-8599

CCR&R of Jasper County
ISU Extension
550 N 2nd Avenue West
Newton, IA 50208
641-792-6433/800-711-7081

CCR&R of Madison County
106 W. Green Street
Winterset, IA 50273
515-462-9452

CCR&R of Marion County
Crossroads of Pella
712 Union Street
Pella, IA 50219
641-628-1212/888-322-6299

CCR&R of Marshall County
Mid-Iowa Community Action, Inc.
1001 South 18th Avenue
Marshalltown, IA 50158
641-752-7162

CCR&R of Warren County
ISU Extension
909 E. 2nd Avenue, Suite E
Indianola, IA 50125
515-961-5067

The Professional Development Connection (PDC) is a bi-monthly publication of Iowa Child Care Resource & Referral for child care providers of all types in Polk, Story, Boone, Dallas, Hardin, Jasper, Madison, Marion, Marshall & Warren counties. Questions about information in the PDC should be directed to your local CCR&R office. Training details printed in the PDC may be subject to change in the event of host location change, trainer emergency, and/or severe weather warning. For up-to-date training postings and locations, please visit the CCR&R website training calendar at www.centraliowachildcare.org.

Congratulations to the most recent central Iowa Programs to achieve a level in the QRS

Level 1

Jennifer Anderson, Eldora
Wilma Pillot, Ames
Kristi Knittel, West Des Moines
Jessica Beougher, Ames
Megan Yeager, West Des Moines

Level 2

Bidwell Riverside Child Development Center,
Des Moines
Small Miracles Preschool Inc, Boone
SHARE Preschool, Newton
La Petite Academy, Des Moines
Teresa Blaylock, Des Moines
Michelle Cook, West Des Moines
Theresa Daniels, Des Moines
Heidi Dodd, Boone
Hollie Fairholm, Winterset
Kathy Schaeffer, Marshalltown
Karmen Buchhop, Urbandale
Dusty Clements, Colfax
Denna Fisher, Des Moines
Jackie Giles, Adel
Jena Hein, Perry
Sherry Meinecke, Nevada
Misty Rhodes, Des Moines
Michelle Ternes, Urbandale

Level 3

Interstate 35: Little Roadrunner Preschool,
Truro
Little Flock Daycare, Story City
McCallsburg Elementary Preschool and Child
Care, McCallsburg
Eldora Children's Center, Eldora
Wonder Years Academy, Des Moines
Charlotte Henry, West Des Moines
Michelle Wisecup, Ankeny
Jennifer Lemon, Des Moines

Level 4

Apple Tree Children's Center, Johnston
Peck Child Development Center, Inc., Newton
Bondurant Christian Church Preschool,
Bondurant
Stepping Stones Early Learning Center,
Knoxville

Level 5

Creation Station Christian Preschool, Pella
Apple Tree Children's Center, Norwalk
Apple Tree Children's Center, West Des Moines

